



CO Junior Olympic Program

2009-2010 Training Session

Clinicians: Jesse Jantzen begins his 2nd year with Excel Wrestling. Jesse was an NCAA Division I Champion for Harvard and the first NCAA Champ in the history of the school. He was 3 x All American, as well as a University World Freestyle Champion in 2004. Jesse has done an outstanding with the Colorado Excel Junior Olympic Program and he's excited for begin year number two.



Rory O'Farrell begins his sixth year on staff with Excel Wrestling. He does an outstanding job with the Excel Junior Program. Rory was a four year varsity letterman at Cornell College in Iowa. He is a former Colorado High School State Champion and also excelled in both freestyle and Greco, and today is one of the premier MMA fighters in the state of Colorado. He holds the Colorado title at 211lbs.



Schedule, Location & Groups:

Schedule:

Fall Program - September 13th thru November 8th
 Winter Program - December 6th thru February 7th
 Spring Program - March 14th thru May 30th

Locations:

Broomfield HS – HS groups... Fall, Winter, Spring
 Centaurus HS, Lafayette – Jrs on Mondays @ CHS in winter

Groups:

2 High School Grps of 24 only – Sunday afternoons

**Lighter weights @ 3pm on Sundays

**Heavier weights @4:30pm on Sundays

One Junior Group of 24 wrestlers - 4th to 8th grade

**Sunday evenings in the Fall/Spring @ 6pm

**Monday evenings in the winter months @6pm

Name _____

Address _____

City, State, ZIP _____

Home Phone () _____ Other Phone () _____

Email _____

Birthdate _____ Approx. Weight: _____

Grade / School attending: _____

Emergency Contact Information:

Name _____ Phone: _____

Payment in full: \$700 (includes deposit & tuition)

Monthly Payment Plan: \$150 initial payment (enclosed) & \$120/month for 5 months

*By enclosing check & signing below, I authorize Excel to deduct monthly payment from checking account.

Program Info: Only the first 24 wrestlers in each group making a year long commitment (Fall, Winter, Spring) will be accepted into the Colorado Excel Junior Olympic Program. Fall and Winter Programs focus on collegiate style wrestling preparing for both the Colorado Youth and High School State Championships, while during the Spring season, we transition into Freestyle in preparation for the Colorado USAW Freestyle/Greco State tournament and Fargo Nationals.

Make checks payable and send to:



Excel Wrestling

3141 S. Evanston Way

Aurora, CO 80014

Phone: 303-931-3973

admin@excelwrestling.com

www.excelwrestling.com

Registration: The program runs from September thru May with priority given to wrestlers returning to the program from last year. A non-refundable deposit of \$150 must be paid with the application. **All applications are due no later than September 1, 2009.**

Payment Plans: Payment-in-full at discounted rate of \$700/year or Monthly plan: initial payment of \$150 submitted with the application, payments of \$120 each month made by bank draft* on the 9th of **October, November, December, January and February.**

I verify that my son is physically able to participate in the 2009-2010 Team Excel Junior Olympic Year Round Training Program. In case of emergency, I release Junior Olympic programs, its staff, USA Wrestling, Excel Wrestling and its staff, Broomfield and Centaurus High Schools from any and all liability resulting from injuries while participating in the program. I understand there is no refund for registration fee to the Excel program if parent/guardian or athlete should cancel application or fail to attend. The wrestler participating in the Team Excel Junior Olympic Program does so at his own risk. Excel Wrestling, nor its staff shall be held liable for any damages arising from personal injury sustained by an individual participating in the program.

Parent Signature _____